

School Dinners and Snacks

School Dinners

School dinners are provided at a cost of £2.60 per day. Payment must be made weekly in advance.

Menus are based on a three weekly cycle.

[Menu for week 1 including list of ingredients and allergens](#)

[Menu for week 2 including list of ingredients and allergens](#)

[Menu for week 3 including list of ingredients and allergens](#)

Free School Meals

Southend Borough Council have an online eligibility checking service for parents wishing to check whether they would be entitled to Free School Meals. Please visit www.southend.gov.uk/fsm.

If you would like more information about Free School Meals, please [contact the school](#).

Cool Milk

Kingsdown takes part in the 'Cool Milk' scheme. Child under the age of five are eligible for a free 189ml carton of semi-skimmed milk. This is excellent as it provides a nutritional boost and keeps children hydrated.

The milk is delivered by a local dairy before the children arrive at school and kept refrigerated until the children collect the milk and take it to their class to enjoy at break time.

Snack Contribution

Parents are requested to contribute £10.00 each term (or £5.00 each half-term) to cover the additional extras that arise within each class. This is a voluntary contribution but one gratefully received.