

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning routine (8:45-9:15)					
Session 1 (9:15-10:00)	Number	EHCP targets	Boot camp	Soft play	Outdoor learning- cognition
Activation (10:00-10:15)	Outdoor games			Meditation	
Snack (10:15-10:35)					
Break (10:40-11)					
Session 2 (11-11:45)	Swimming	Sensory story and Communication/literacy	Assembly Choir/ communication	Cognition/communication ICT-research	PE
Activation (11:45-12)	Changing	Outdoor games		Reading for pleasure	Changing
Mindfulness/ Toileting (12:00-12:15)	Meditation	Musical reflection		Outdoor mindfulness	Walking mindfulness
Lunch (12:15-12:45)					
Playtime (12:45-13:30)					
Register (13:30-13:45)					
Session 3 (13:45-14:30)	Communication/Shopping	Art	PE	cooking	Maths/PSHE
Session 4 (14:30-14:45)	Measure	Music	Yoga	Cleaning and life skills	Free play
Activation/ toileting (14:45-15:00)	Adult led games	Walking exhibition	Changing	Outdoor Games	Classroom boot camp
Quite time (15:00-15:15)					